

## RIDING LESSONS AFTER LOCKDOWN (v4 1.10.20)

PLEASE MAKE SURE YOU HAVE READ AND UNDERSTOOD.

1. All lessons must be pre-booked and paid for at the time of booking by bank transfer or card payment. We will now also accept cash.
2. Bookings can be made by phone, email, facebook, text, website, messenger and at the yard after your current lesson.
3. A rider registration form needs to be completed for all new riders and riders returning after lockdown.
4. 2m distance must be observed.
5. The hand sanitizer at the gate must be used before entry.
6. Entry is only through the main gate on to the riding school yard, not from the car park and through the livery yard entrance. Please follow any entrance procedure put in place and advised at the time. Please wait outside until called in by your Instructor.
7. The horse will be tacked up and tied up on the yard near the mounting block. You need to be able to check/tighten the girth, unclip the horse (the headcollar will stay on) and lead him to the mounting block and mount safely without assistance and adjust your stirrups correctly and check/tighten the girth once mounted. If you cannot do this, you will be unable to ride. Your instructor may wish you to mount in the school, you will be advised accordingly on arrival.
8. If you can't actually get on without assistance or are unable do your own stirrups and girth, then it is not safe to ride, then you will forfeit your ride payment. If you take too long to adjust stirrups and girth then this may be taken out of your lesson time.
9. One adult will be permitted to accompany a child rider under 18 years. Due to social distancing we are no longer assisting children to mount or leading them in lessons. We will allow a parent/family member to lead their child. We will carry out a brief induction on mounting and leading at the time. Please wear suitable footwear if you need to assist your child in any way. The Instructor will supervise and guide you through the procedure and an induction form will be signed. We will also require a rider registration form completed for the person leading the pony in addition to a rider registration form completed for the rider.
10. After your lesson, you are to leave the horse tied up where you found him. Clipping the rope back onto the headcollar. You are not to untack him or return him to his stable. You should then leave the yard and sanitise your hands on the way out.
11. You are not to go anywhere else on the yard, you are not to enter the tackroom or office or use the vending machine and are not permitted to use the toilet (except in an emergency). These areas are staff only at present. If you require a snack/drink from the vending machine, please ask.
12. We expect to have more riders wanting to ride than we have spaces available, so please be mindful when booking a lesson and have the courtesy to phone if you need to cancel.
13. We are advised not to lend hats at the current time, but we have found it necessary to. As long as you are aware that you are wearing a hat that has been worn by someone else, then we are happy to lend. We do spray disinfect after use. Ideally you should have your own hat, correctly fitted and to current British Standard, your own boots and body protector and own whip if needed. Wearing a body protector is optional.
14. You must have come straight from home, wearing clean clothes, and must not have been with anyone else other than from your own household. You should not have been to a shop or other place before coming to ride. Gloves should have been freshly washed.

15. You should not attend if you or another member of your household is ill in anyway whatsoever, particularly with any symptoms of the coronavirus, including a high temperature, new continuous cough or a loss of your sense of smell or taste.
16. At the present time in order to reduce numbers we are not allowing spectators, siblings or other family members to accompany you. An adult attending with a child who is not being led should observe 2m social distancing outside the riding arena and should not wander around the yard and should refrain from going backwards and forwards to your car during the lesson.
17. We will endeavour to disinfect and wipe down the horse and his tack after you have ridden. Please leave him promptly in order that we may do so before the next rider is due to mount.
18. Please adhere to all covid secure protocols that we have in place for our yard which may be amended from time to time.
19. Please bear with us while we put in place new procedures to keep us all safe.